

Shihan Tony Young



- * Began karate at the age of 12 and earned his Black Belt in 4 years.
- * Nationally and Internationally Certified 8th degree Black Belt.
- * National Super Light Weight Karate Champion for 19 consecutive years.
- * Tony has won over 1000 championship awards and prizes throughout his career.
- * In 1997, Tony retired from international and national competition to focus on community affairs, business and tournament promotions.
- * In 1985 Tony opened the Tony Young All-Star Karate Academy to teach and make a difference in the community.
- * Mr. Young's overall goal is to make individuals aware of the need to develop his/her minds and bodies.
- * Mr. Young works with Public and Private Schools in the Atlanta area.
- * Mr. Young has also developed working relations with Billy Blanks, who is the creator and owner of Tae-Bo Aerobics